



**The Hare and Tortoise  
New Quarter Park**

Karene O'Hare / Bitsy Whitten  
Ovarian Cancer Memorial  
Run / Walk



In Partnership with the Williamsburg Community Foundation

<b>Date:</b> <u>Saturday, September 17, 2022</u>	<b>Race day registration &amp; packet pick up:</b> <u>7:45 am</u>
<b>Location:</b> New Quarter Park Williamsburg, Virginia	<b>1-Mile Fun Run:</b> <u>8:30 am</u> <b>5K Run/Walk, 5K Competitive Walk:</b> <u>9:00 am</u>

First Name \_\_\_\_\_ Last Name \_\_\_\_\_ Sex \_\_\_\_\_ Age \_\_\_\_\_  
 Street Address \_\_\_\_\_ Date of Birth \_\_\_\_ / \_\_\_\_ / \_\_\_\_  
 City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_  
 Phone \_\_\_\_\_ E-mail \_\_\_\_\_

I am an Ovarian Cancer Survivor

For free SMS Text Message Finish Time:  
10-digit mobile number

Provider (Verizon, Sprint, etc.)

Item	Fee	Cost
5K Run/Walk (Combine Running/Walking Allowed)	\$30.00	
5K Competitive Walk (Walking Only)	\$30.00	
1-Mile Fun Run	\$20.00	
Virtual 5K Run/Walk (includes \$9 race shirt shipping fee)	\$34.00	
<b>Pre-registration ENDS September 2, 2022</b>	\$5.00	
<b>Add \$5 if registering <i>after</i> this date</b>		
Race Shirts guaranteed to first 200 registrants. Please choose size:		
Small Shirt	\$0.00	---
Medium Shirt	\$0.00	---
Large Shirt	\$0.00	---
X-Large Shirt	\$0.00	---
2X-Large Shirt	\$2.00	
<b>Total Cost:</b>	<b>\$</b>	

**Make checks payable to:** Williamsburg Community Foundation

**Mail check and entry form to:** Williamsburg Community Foundation  
 Attn: Karene O'Hare/Bitsy Whitten Ovarian Cancer Memorial  
 1323 Jamestown Rd, Suite #103, Williamsburg, VA 23185

**Waiver:** I understand that running/walking a road is a potentially hazardous activity. I should not enter and run/walk unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete this run. I assume all risk associated with running/walking in this event including, but not limited to: falls, contact with other participants, the effects of the weather, including heat and humidity, traffic and the conditions of the road, all such risks being known and appreciated by me. Having read this waiver and knowing these facts, and in consideration of your accepting my entry I, for myself and for anyone entitled to act on my behalf, waive and release York County Parks and Recreation, and all sponsors, their representatives and successors from all claims of liabilities of any kind arising out of my participation in this event. I grant permission to all of the foregoing to use any photographs, motion pictures, recordings or any other record of this event for legitimate purposes. This is a road race under the rules of RRCA and USATF. **No partial or full refunds.**

Signature (Parent or Guardian if under 18) \_\_\_\_\_ Date \_\_\_\_\_

ALL ENTRANTS MUST SIGN WAIVER

[www.HareAndTortoiseRunWalk.com](http://www.HareAndTortoiseRunWalk.com)

E-mail: [hareandtortoiserunwalk@gmail.com](mailto:hareandtortoiserunwalk@gmail.com)